

## **Fall 2021 - Youth Sport - Soccer - Program Descriptions**

### **Soccer – Age 3-4**

This recreational program works to introduce soccer and promote active living. The participants will benefit from soccer-related games/drills as well as team work through scrimmage games (in the later weeks of the program). The participants will enjoy a fun, inclusive atmosphere taught by young, energetic instructors.

Please Note: For this age group we require 1 parent remains in the building throughout the duration of the program to support staff with bathroom breaks & in the event of emergency.

Room: Gymnasium

Equipment Required: Comfortable clothing & water bottle

Instructor: PRCC Recreation Program Instructors

### **Soccer - Age 5-7**

This recreational program works to introduce soccer and promote active living. The participants will benefit from soccer games/drills as well as team work through scrimmage games. The participants will enjoy a fun, inclusive atmosphere taught by young, energetic instructors.

Please Note: For this age group we require 1 parent remains in the building throughout the duration of the program in the event of emergency.

Room: Gymnasium

Equipment Required: Comfortable clothing & water bottle

Instructor: PRCC Recreation Program Instructors

### **Soccer - Age 8-10 & 11-13**

This recreational program works to promote active living and team work. This intramural-style program will include scrimmage games and the instructors will offer support, tips & tricks to help improve their skills. Participants will enjoy a non-competitive environment which will allow for inclusive play. This program is open to all skill levels and no prior soccer experience is required.

Room: Gymnasium

Equipment Required: Comfortable clothing & water bottle

Instructor: PRCC Recreation Program Instructors